

Date	Event	Age Category	Available Lanes																Count			
			Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13	Lane 14	Lane 15	Lane 16				
Tuesday 21st October 10am - 11:30am	2000m	Male 30 - 35	█																3			
		Male 36 - 42				█														2		
		Male LW 36 - 42						█												1		
		Male 43 - 49								█										3		
		Female 30 - 35	█																		1	
		Female 36 - 42		█																	1	
		Female LW 36 - 42			█																1	
		Female 43 - 49				█															2	
		Male 50 - 54	█																		5	
		Male LW 50 - 54						█													2	
		Male 55 - 59								█												7
		Female 50 - 54	█																		3	
		Female 55 - 59				█																4
		Female LW 55 - 59								█											3	
		Male 60 - 64	█																		3	
		Male 65 - 69				█																4
		Male LW 65 - 69									█											4
		Female 60 - 64	█																		1	
		Female LW 60 - 64		█																	1	
		Female 65 - 69			█																	3
		Female 70 - 74								█												1
		Female 75 - 79										█										1
		Male 70 - 74	█																			4
		Male LW 70 - 74						█														2
		Male 75 - 79								█												6
		Male LW 80 - 82													█							1
		Male LW 83 - 85															█					2
		11:40 AM			Medal Presentations																71	
Tuesday 21st October 12pm - 1:30pm	4 Minute	Male Para	█		█															2		
		Female Para					█				█										1	
		Female 70 - 74									█										2	
		Male 30 - 35	█																			2
		Male 36 - 42			█																	1
		Male 43 - 49				█																3
		Female 36 - 42	█																			1
		Female LW 36 - 42		█																		1
		Female 43 - 49			█																	4
		Male 50 - 54	█																			4
		Male 55 - 59					█														5	
		Female 50 - 54	█																			2
		Female 55 - 59			█																	2
		Female LW 55 - 59					█															2
		Male 60 - 64	█																			3
		Male 65 - 69				█																3
		Male LW 65 - 69									█											2
		Female 60 - 64	█																			1
		Female LW 60 - 64		█																		1
		Female 65 - 69			█																	2
		Male 70 - 74	█																			4
		Male LW 70 - 74						█														1
		Male 75 - 79								█												4
		Male LW 80 - 82												█								1
		Male LW 83 - 85														█						1
		Female 75 - 79	█																			1
		Female 80 - 82		█																		1
		Female 86 - 89			█																	1
1:40 PM			Medal Presentations																58			

Date	Event	Age Category	Available Lanes																Count				
			Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13	Lane 14	Lane 15	Lane 16					
Wednesday 22nd October 10am - 11:30am	1000m	Male 30 - 35	█																3				
		Male 36 - 42				█														2			
		Male LW 36 - 42						█												2			
		Male 43 - 49							█											3			
		Female 36 - 42	█																		4		
		Female LW 36 - 42					█														1		
		Female 43 - 49						█													3		
		Male 50 - 54	█																		3		
		Male LW 50 - 54			█																2		
		Male 55 - 59						█													5		
		Female 50 - 54	█																		2		
		Female LW 50 - 54			█																1		
		Female 55 - 59				█																3	
		Female LW 55 - 59						█													2		
		Male 60 - 64	█																		4		
		Male LW 65 - 69						█													6		
		Female 60 - 64	█																			4	
		Female LW 60 - 64					█															1	
		Female 65 - 69						█														4	
		Male 70 - 74	█																			6	
		Male LW 70 - 74							█													2	
		Male 75 - 79								█												5	
		Male LW 75 - 79												█								1	
		Female 70 - 74	█																			2	
		Female 75 - 79			█																	2	
		Female 86 - 89					█															1	
		Male LW 80 - 82							█													1	
		Male LW 83 - 85								█												1	
11:20 AM	Heat 9	Male Para	█		█															2			
11:30 AM			Medal Presentations																				
Wednesday 22nd October 12pm - 1:30pm	100m Sprint	Female LW 70 - 74				█														1			
		Male 30 - 35	█																			3	
		Male LW 36 - 42				█																1	
		Male 43 - 49						█														1	
		Female 36 - 42	█																			1	
		Female LW 36 - 42		█																		1	
		Female 43 - 49			█																		2
		Male 50 - 54	█																			5	
		Male 55 - 59						█														4	
		Female 50 - 54	█																			1	
		Female 55 - 59			█																		3
		Female LW 55 - 59						█														2	
		Male 60 - 64	█																			3	
		Male LW 60 - 64				█																1	
		Male 65 - 69						█															2
		Male LW 65 - 69							█													1	
		Female 60 - 64	█																				3
		Female LW 60 - 64				█																	2
		Female 65 - 69						█															2
		Male 70 - 74	█																				5
		Male LW 70 - 74							█														1
		Male 75 - 79								█													3
		Male LW 80 - 82											█										1
		Male LW 83 - 85												█									1
		Female 70 - 74	█																				3
		Female 75 - 79			█																		2
		Female 80 - 82							█														1
		Female LW 90+								█													1
1:20 PM	Heat 9	Male Para	█																		1		
1:30 PM			Medal Presentations																				

Date	Event	Age Category	Available Lanes																Count
			Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13	Lane 14	Lane 15	Lane 16	
Thursday 23rd October 10am - 11:30am	500m	Male 30 - 35	[Bar in Lane 1]																2
		Male LW 30 - 35	[Bar in Lane 2]																1
		Heat 1 Male 36 - 42	[Bar in Lane 3]																2
		Male LW 36 - 42	[Bar in Lane 4]																1
		Male 43 - 49	[Bar in Lane 5]																4
		Heat 2 Female 36 - 42	[Bar in Lane 6]																2
		Female LW 36 - 42	[Bar in Lane 7]																1
		Female 43 - 49	[Bar in Lane 8]																4
		Heat 3 Male 50 - 54	[Bar in Lane 9]																6
		Male LW 50 - 54	[Bar in Lane 10]																1
		Male 55 - 59	[Bar in Lane 11]																5
		Heat 4 Female 50 - 54	[Bar in Lane 12]																3
		Female 55 - 59	[Bar in Lane 13]																5
		Female LW 55 - 59	[Bar in Lane 14]																2
		Heat 5 Male 60 - 64	[Bar in Lane 15]																4
		Male LW 60 - 64	[Bar in Lane 16]																1
		Male 65 - 69	[Bar in Lane 1]																7
		Male LW 65 - 69	[Bar in Lane 2]																3
		Heat 6 Female 60 - 64	[Bar in Lane 3]																6
		Female LW 60 - 64	[Bar in Lane 4]																2
		Female 65 - 69	[Bar in Lane 5]																2
		Heat 7 Male 70 - 74	[Bar in Lane 6]																7
		Male LW 70 - 74	[Bar in Lane 7]																2
		Male 75 - 79	[Bar in Lane 8]																6
		Male LW 75 - 79	[Bar in Lane 9]																1
		Heat 8 Female 70 - 74	[Bar in Lane 10]																4
		Female LW 70 - 74	[Bar in Lane 11]																1
		Female 80 - 82	[Bar in Lane 12]																1
Female LW 83 - 85	[Bar in Lane 13]																1		
Female 86 - 89	[Bar in Lane 14]																1		
Female LW 90+	[Bar in Lane 15]																1		
Male LW 80 - 82	[Bar in Lane 16]																1		
Male LW 83 - 85	[Bar in Lane 1]																2		
Heat 9 Male Para	[Bar in Lane 2]																2		
11:04 AM	[Bar in Lane 3]																2		
11:15 AM	Medal Presentations																		
Thursday 23rd October 12pm - 1:30pm	1 Minute	Female LW 70 - 74	[Bar in Lane 11]																1
		Heat 1 Male 30 - 35	[Bar in Lane 1]																4
		Male LW 30 - 35	[Bar in Lane 2]																1
		Male 36 - 42	[Bar in Lane 3]																1
		Male 43 - 49	[Bar in Lane 4]																3
		Heat 2 Female 36 - 42	[Bar in Lane 5]																3
		Female 43 - 49	[Bar in Lane 6]																4
		Male 50 - 54	[Bar in Lane 7]																5
		Heat 3 Male LW 50 - 54	[Bar in Lane 8]																1
		Male 55 - 59	[Bar in Lane 9]																6
		Female 50 - 54	[Bar in Lane 10]																2
		Heat 4 Female 55 - 59	[Bar in Lane 11]																3
		Female LW 55 - 59	[Bar in Lane 12]																2
		Male 60 - 64	[Bar in Lane 13]																4
		Heat 5 Male LW 60 - 64	[Bar in Lane 14]																2
		Male 65 - 69	[Bar in Lane 15]																4
		Male LW 65 - 69	[Bar in Lane 16]																2
		Heat 6 Female 60 - 64	[Bar in Lane 1]																4
		Female LW 60 - 64	[Bar in Lane 2]																3
		Female 65 - 69	[Bar in Lane 3]																2
		Heat 7 Male 70 - 74	[Bar in Lane 4]																6
		Male LW 70 - 74	[Bar in Lane 5]																1
		Male 75 - 79	[Bar in Lane 6]																6
		Heat 8 Female 70 - 74	[Bar in Lane 7]																5
		Female 75 - 79	[Bar in Lane 8]																2
		Male LW 80 - 82	[Bar in Lane 9]																1
		LW Male 83 - 85	[Bar in Lane 10]																1
		Female 80 - 82	[Bar in Lane 11]																1
Heat 9 LW Female 83 - 85	[Bar in Lane 12]																1		
Female 86 - 89	[Bar in Lane 13]																1		
Female LW 90+	[Bar in Lane 14]																1		
Female LW 36 - 42	[Bar in Lane 15]																1		
Heat 10 Male Para	[Bar in Lane 16]																3		
1:10 PM	[Bar in Lane 1]																3		
1:20 PM	Medal Presentations																		
Thursday 23rd October 2pm - 3pm	4x500m Relay	Para relay	Mixed Para																1
		Men's Relay																	
		Women's Relay																	
		Mixed Relay																	
			Medal Presentations																