

ROD EXERCISES

<i>General comments:</i>	<i>Mark up :</i>		
	Precision	20	
	Technique	30	
	Value/Complexity/ Choreography	30	
	Execution	20	
	TOTAL	100	

CLUB SWINGING up

<i>General comments:</i>	<i>Mark up :</i>		
	Rhythm	20	
	Technique	30	
	Value/Complexity/ Choreography	30	
	Execution	20	
	TOTAL	100	