



RULES OF COMPETITION

Australian Masters Games Walking Netball

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The Walking Netball Competition will be played in accordance with the rules outlined in the Rules of Walking Netball, which incorporates the playing rules of the International Federation of Netball Associations. In addition to the information outlined below.

Event entry

All teams wishing to enter the 2023 Australian Masters Games Netball Competition must:

- (a) Complete the official entry form
- (b) Submit the official entry form by required date

Age Requirements

- (a) Age as of December 31 March 2023.
- (b) Minimum age requirement is 30+ years for masters

Umpire Eligibility

- (a) Each team shall supply a Walking Netball umpire for the competition
- (b) Umpires can be participants in the games or non-playing but must familiarize themselves with the rules in this booklet that apply to Walking Netball.



Points

Teams will be awarded four (4) points for a win, two (2) points for a draw and zero (0) for a loss

Conduct of Matches

(a) Timing

As stated in the rules of competition

- (i) Rounds will consist of four (4) x ten (10) minute quarters, with breaks of two (2), three (3) and two (2) minutes and will be centrally timed
- (ii) No injury time the umpires in extenuating circumstances to ensure a safe playing area is maintained or ensure the safety and appropriate care of the injured player may stop a match. While no injury time is provided, injured players maybe substituted
- (iii) Fixtured games are centrally timed

(b) Drawn matches

- (i) Fixtured games teams will take two points each
- (ii) Final games at the end of the game when the scores are tied there is a one (1) minute break during which time there may be substitutions and/or team changes
- (iii) At the end of that one (1) minute, 2 x 3 minute halves are played.
- (iv) At the end of the first three (3) minutes teams simply change ends and there are no substitution or team changes allowed
- (v) If at the end of the second three (3) minutes the scores are still level, then play continues until one team has a two-goal advantage.

(c) Rolling Subs

(i) Rolling substitutions may be made at intervals or during play. There is no limit to the number of rolling subs during the match

(d) Modified Rules

- (i) Players may hold the ball for up to four (4) seconds
- (ii) Players may take one extra step



(iii) Players must have one foot on the ground at all times i.e. no running or jumping

Replacement Players

Should a team lose player/s due to injury or illness, the team is able to use another player from a different team as long as they are registered for the sport of netball in the Australian Masters Games 2023 and only be playing in one competition. From here:

- a. The player will be required to pay \$15 in order to play in a second competition
- b. If there is no registrant that meets this criteria, the team is able to register a new athlete but they must pay registration immediately before taking to the court in any capacity.

Finals

- (a) Finals will be played at the conclusion of the preliminary rounds
- (b) The number of points gained during the preliminary rounds shall determine teams qualifying for finals
- (c) In the event of teams being equal on points, positions shall be determined by percentage of goals scored for and against
- (d) In the event of teams being equal on percentage, the greater number of goals scored for shall determine position
- (e) To be eligible for finals rounds, players must have played in at least one preliminary round
- (f) Teams found playing an ineligible player during finals will be considered to have lost the match.

Forfeits



- (a) A team will deemed to have forfeited the game for failing to take the court
- (b) In event of a forfeit, the score 10 0 will be awarded to the nonoffending team

Cancellations

- (a) When matches are cancelled due to weather or some other cause prior to the start of the game: both teams will be credited with two (2) points and five (5) goals each and the competition will continue as per fixture unless alternate arrangements can be made to reschedule the match
- (b) When matches are cancelled due to weather or some other cause after the start of the game:
 - (i) Prior to the completion of the first half teams will be awarded two (2) points and five (5) goals
 - (ii) After the commencement of the second half the score stands as at the time of the stoppage

Scoring

- (a) These people must stay together for the duration of the match
- (b) Netball South Australia will provide the official scoresheet
- (c) One official scoresheet will be used for each match
- (d) Only the official scoresheet will be recognised



(e) Winning team must return the official scoresheet to the Competition Office at the conclusion of the match

Blood Policy

The Blood Policy is as per the Rules of Netball Rule 9.3.1 – Injury/Illness or Blood

Drug Policy

- (a) Netball South Australia condemns the use of performance enhancing drugs and doping practices in sport. The use of performance enhancing drugs and doping practices is contrary to the ethics of sport and potentially harmful to the health of athletes
- (b) The only legitimate use of drugs in sport is under the supervision of a physician for a clinically justified purpose
- (c) Netball South Australia is bound by and supports the Netball Australia anti-doping policy

Smoke Free Policy

Netball South Australia Events will adhere to the Smoke Free policy

Appeals & Protests

A team wishing to protest against a result or decision must:

(a) Notify the Competition Manager of the intention to protest and collect official form from the tournament office.



- (b) Lodge the protest in writing to the Competition Manager within thirty minutes of the conclusion of the match. Any appeal or protest during finals must be lodged immediately
- (c) Forms will be lodged with the Appeals committee for the event. The decision of the committee shall be final
- (d) Composition of Appeals committee
- 1. Netball Competition Manager or representative
- 2. Netball Umpire Supervisor or representative

Disciplinary & Grievance Disputes

Any disciplinary or grievance disputes will be dealt with per below:

- (a) In respect to disciplinary action, an Incident Report Form must be completed and lodged with the Competition Manager who will notify the Netball South Australia Event Manager. Incident Report Forms are available from the Competition Office
- (b) If a team or participant has a grievance, the matter is to be put in writing and lodged with the Competition Manager
- (c) Netball South Australia will investigate each matter accordingly, using the appropriate dispute resolution procedure

Penalties

Any breach of these by-laws may result in any one or more of the following penalties being imposed:

a) Loss of competition points as determined by the Competition Manager



- b) Exclusion from the competition
- Any other penalty considered appropriate by Netball South Australia in consultation with the Competition Manager

Competition Manager

- a) The Competition Manager, may in their reasonable discretion, in exceptional or extenuating circumstances, alter, vary or waive the requirements set out in the by-laws relating to the Netball competition
- b) The exercise of such discretion must ensure that the integrity of the Competition is maintained at all times

Uniforms

All team uniforms to be in line with Netball Australia's Uniform Guidelines. Please make special note of the below requirements:

- (a) Uniforms must not present a safety risk to the wearer or other players e.g. open pockets, zippers or sweat bands.
- (b) If jewellry is unable to be removed due to medical or religious reasons, it is the players choice to play with them and the player will accept the risk involved. Jewellry that cannot be removed must be covered or taped.
- (c) Gloves are permitted with nails trimmed even whilst under gloves.
- (d) All uniforms are required to match within the team, this can be either dresses, matching tops and bottoms or matching tops with same-coloured bottoms. Uniforms may consist of:
 - Dess



- Top (long or short sleeve).
- Skirt + top
- Shorts + top
- Leggings + top

